

SPIRITUAL DIRECTION

By appointment - 087 2548447

**THE SPIRITUAL EXERCISES OF
ST. IGNATIUS – 19TH ANNOTATION
(30 day retreat in daily life)**

By appointment - 087 2548447

FAMILY THERAPY/COUNSELLING

By appointment - 087 2548447

USE OF ORATORY

LIBRARY OF SPIRITUAL BOOKS

USE OF ROOMS FOR MEETINGS

By appointment – 021 4303216/087 2548447

**You are most welcome to use the facilities in The Well
and we look forward to meeting you.**

Phone 021 4303216

Email: jennifermcaleer@hotmail.com

***THE WELL
SPIRITUALITY CENTRE***

INVITES

YOU TO PARTICIPATE IN

SPRING PROGRAMME

2012

***Good Shepherd Sisters, The Well Spirituality Centre,
Convent Ave, Sunday's Well, Cork Tel: 021 4303216***

MEDITATION: Mondays 8-9 pm

Followed by refreshments (Donation only)

MONTHLY RETREAT DAYS

10.30 – 4.30 pm including Mass

**Lunch provided – kindly book two days in advance
for catering purposes 0212 4303216**

(Suggested donation 25 Euro or according to means)

Thursday, January 26th

Thursday, March 1st

Thursday, March 22nd

Thursday, April 18th

MOVIES THAT MOVE YOU.....

8.00 pm followed by discussion and refreshments

(Donation according to means)

Friday, January 27th

Friday, February 24th

Friday, March 30th

Friday, April 27th

**DONATIONS ACCORDING TO MEANS
FOR ALL PROGRAMMES**

**FESTIVAL OF ST. BRIGID
FEBRUARY 1ST WED. AT 8.00 PM**

**INTERNATIONAL WOMEN'S DAY OF
PRAYER, WED, MARCH 7TH**

**TAIZE PRAYER FOR LENT 8.00 pm
Wednesdays, March 14th, 21st, 28th**

**EARTH AWARENESS
Wed mornings 11.00 – 12.00 pm
February 1st, 8th, 15th, 22nd, 29th**

*The Well Spirituality Centre, Convent Ave, Sunday's Well, Cork Tel: 021
4303216/087 2548447 Email: jennifermcaleer@hotmail.com*